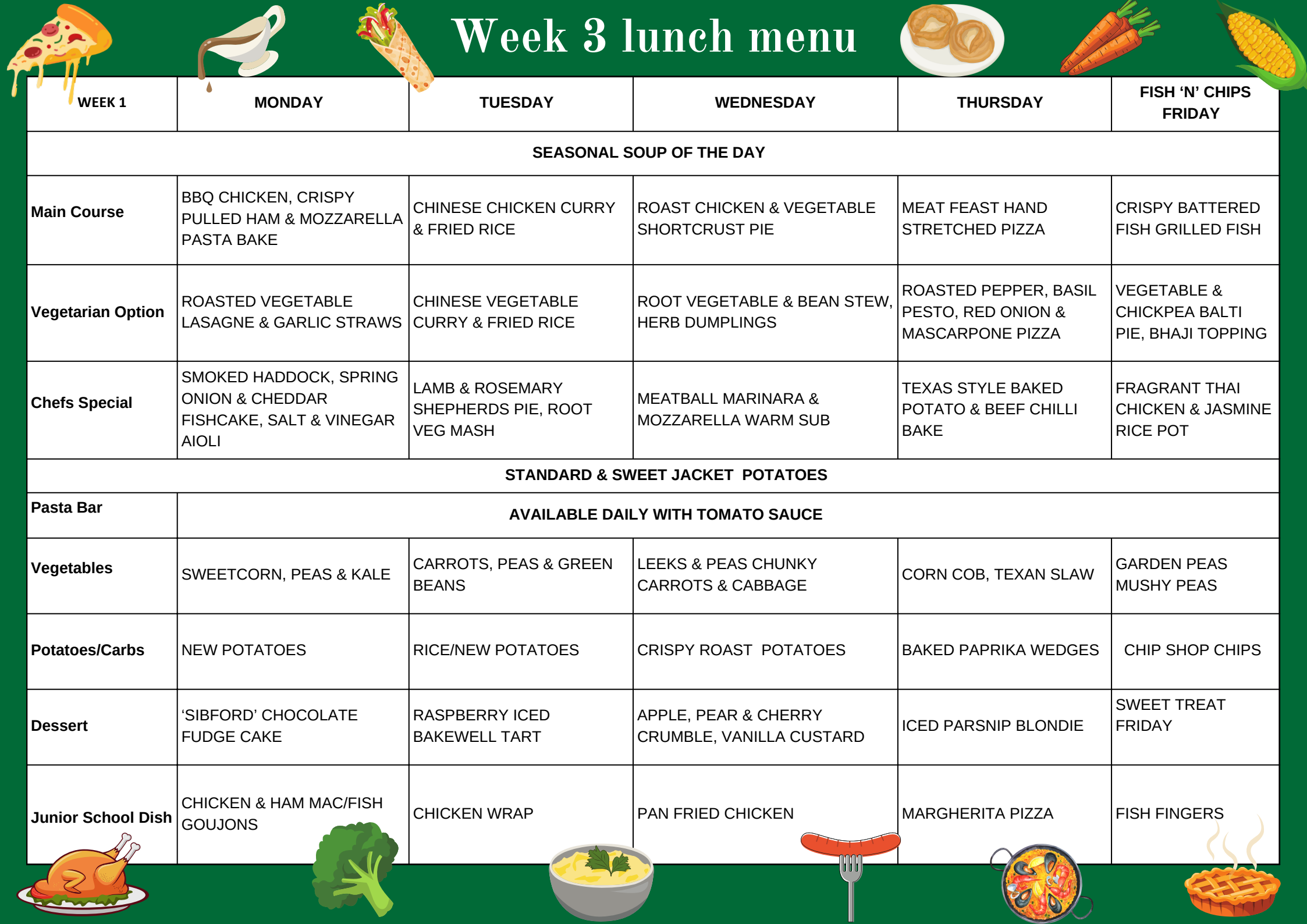


Week 3 lunch menu



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FISH 'N' CHIPS FRIDAY
SEASONAL SOUP OF THE DAY					
Main Course	BBQ CHICKEN, CRISPY PULLED HAM & MOZZARELLA PASTA BAKE	CHINESE CHICKEN CURRY & FRIED RICE	ROAST CHICKEN & VEGETABLE SHORTCRUST PIE	MEAT FEAST HAND STRETCHED PIZZA	CRISPY BATTERED FISH GRILLED FISH
Vegetarian Option	ROASTED VEGETABLE LASAGNE & GARLIC STRAWS	CHINESE VEGETABLE CURRY & FRIED RICE	ROOT VEGETABLE & BEAN STEW, HERB DUMPLINGS	ROASTED PEPPER, BASIL PESTO, RED ONION & MASCARPONE PIZZA	VEGETABLE & CHICKPEA BALTI PIE, BHAJI TOPPING
Chefs Special	SMOKED HADDOCK, SPRING ONION & CHEDDAR FISHCAKE, SALT & VINEGAR AIOLI	LAMB & ROSEMARY SHEPHERDS PIE, ROOT VEG MASH	MEATBALL MARINARA & MOZZARELLA WARM SUB	TEXAS STYLE BAKED POTATO & BEEF CHILLI BAKE	FRAGRANT THAI CHICKEN & JASMINE RICE POT
STANDARD & SWEET JACKET POTATOES					
Pasta Bar	AVAILABLE DAILY WITH TOMATO SAUCE				
Vegetables	SWEETCORN, PEAS & KALE	CARROTS, PEAS & GREEN BEANS	LEEK & PEAS CHUNKY CARROTS & CABBAGE	CORN COB, TEXAN SLAW	GARDEN PEAS MUSHY PEAS
Potatoes/Carbs	NEW POTATOES	RICE/NEW POTATOES	CRISPY ROAST POTATOES	BAKED PAPRIKA WEDGES	CHIP SHOP CHIPS
Dessert	'SIBFORD' CHOCOLATE FUDGE CAKE	RASPBERRY ICED BAKWELL TART	APPLE, PEAR & CHERRY CRUMBLE, VANILLA CUSTARD	ICED PARSNIP BLONDIE	SWEET TREAT FRIDAY
Junior School Dish	CHICKEN & HAM MAC/FISH GOUJONS	CHICKEN WRAP	PAN FRIED CHICKEN	MARGHERITA PIZZA	FISH FINGERS