



## Personal Social and Health Education at Sibford School

### Sixth Form

The regulatory framework for the Independent School Inspectorate Part 1, para 2(2) (f) requires that the school has a scheme of work, not a policy, for PSHE. In addition, we are required to have in place a programme for Citizenship. In keeping with most schools, our PSHE and Citizenship Schemes of Work are intertwined.

The PSHE & Citizenship Programme has been designed with these aims in mind:

- To develop and foster the creation of responsible and caring citizens, promoting equal opportunities and environmental awareness;
- To promote self-esteem and emotional well-being, helping the formation and maintenance of positive relationships;
- To prepare pupils for the next steps in their education, training or employment. Students will learn:
- Develop confidence and responsibility and make the most of their abilities.
- Develop a healthy, safer lifestyle.
- Develop good relationships and respect the differences between people.

Sibford School's Citizenship Programme aims to enable students to develop the following:

- Knowledge and understanding about becoming informed citizens.
- Skills of enquiry and communication.
- Skills of participation and responsible action.

The programme seeks to re-enforce the 5 objectives of the Every Child Matters, namely to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well-being

Sibford School's Schemes of Work for PSHE are primarily designed as working documents for teachers. We include them on our website because we want to involve you in this important part of your child's education and because we think it is important to show you what we are teaching and when. The Schemes of Work are reviewed annually and updated regularly. PSHE is currently managed by Darren De Bruyn and delivered through our tutor system.

### **Sibford School PSHE Programme Year 12 and 13**

| <b>Term</b>     | <b>Programme</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Resources</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Autumn 1</b> | <ul style="list-style-type: none"> <li>• Study skills/Team Building<br/>Baseline measures/Questionnaire/identifying learning strengths and weaknesses.</li> <li>• Target setting- individual discussions regarding Alis and recent performance using internal grades/GCSE results</li> <li>• Induction for Yr 12</li> <li>• Induction for Yr 13</li> <li>• Progression on UCAS for Yr 13</li> <li>• Guest speaker (Interview skills particularly directed at Yr 13)</li> </ul> | <ul style="list-style-type: none"> <li>• Induction documents and reference material. Timetables and subject choices to be checked with individuals.</li> <li>• One full day of team building on site or up to 3 days residential away. Feedback on return.</li> <li>• Weekly planner, student's independent time allocation. Use of school planner/prep diary.</li> <li>• Student handbook given to students covering setting targets, individual department resources and guidance on A Level study and expectations.</li> </ul> |

|                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Autumn 2</b> | <ul style="list-style-type: none"><li>• Study skills continue for identified students</li><li>• Yr 12 groups focus on the Driving Module</li><li>• Yr 13 continue to work on UCAS</li><li>• Yr 12 attend the “Safe Drive, Stay Alive” conference hosted by Oxfordshire County Council.</li><li>• Danny Hicks invited in to discuss road safety from the Oxfordshire Fire Safety Department</li><li>• Ocean Valour (inspirational guest speakers)</li></ul> | <ul style="list-style-type: none"><li>• DVD driving techniques, skills, laws</li><li>• Rebecca Flynn runs the study skills programme</li><li>• “Safe Drive, Stay Alive” trip out of School to Oxford for three hours</li></ul> |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|                        |                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Spring 1</b></p> | <ul style="list-style-type: none"> <li>• Yr 12 are introduced to the “University vs Apprenticeships” module</li> <li>• Yr 13 are introduced to “Personal Finance”</li> <li>• Guest speakers include<br/><br/>Entrepreneur<br/>CEO of “The Management Company”<br/>TSB Bank Manager<br/>Recruitment consultant - CV writing)<br/>Apprenticeship co-ordinator Stratford College</li> </ul> | <ul style="list-style-type: none"> <li>• SOW</li> <li>• Yr 13             <ol style="list-style-type: none"> <li>1. Making the most of your money</li> <li>2. Planning your finances</li> <li>3. The budget game</li> <li>4. UCAS - managing money</li> </ol> </li> <li>• Yr 12             <ol style="list-style-type: none"> <li>1. Why Choose University.</li> <li>2. Why choose an Apprenticeship.</li> <li>3. The UCAS process, partnering up Yr 12 students with Yr 13 students.</li> </ol> </li> </ul> |
| <p><b>Spring 2</b></p> | <ul style="list-style-type: none"> <li>• UCAS organised Higher Education conference</li> <li>• Yr 12 Developing individual CV’s</li> <li>• Yr 12 Mental Health Module</li> <li>• The Samaritans are I invited in to discuss the extent of Mental Health and the support offered.</li> <li>• Yr 13 Life Skills (General DIY and Cooking on a budget)</li> </ul>                           | <ul style="list-style-type: none"> <li>• Students use exemplar material provided by recruitment consultant to develop their own CV’s</li> <li>• Work collaboratively with the Maintenance and Catering team offer DIY and cooking skills through a carousel process. The idea is for student to work practically (hands on).</li> </ul>                                                                                                                                                                       |

|                        |                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Summer 1</b></p> | <p>This term is dedicated to exam preparation, revision and finalisation of coursework elements for Yr 12 and 13.</p>                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p><b>Summer 2</b></p> | <ul style="list-style-type: none"> <li>• Selection of Sixth Form leadership Team and development of leadership responsibilities</li> <li>• Yr 12 The art of presenting/public speaking</li> <li>• Yr 12 Gap year</li> <li>• Yr 12 Studying abroad</li> <li>• Yr 12 CEW</li> <li>• Yr 13 Study Leave</li> <li>• Higher Education events – external speakers, university representation</li> </ul> | <ul style="list-style-type: none"> <li>• Template and topic provided to support students.</li> <li>• Inter-class debates set up to challenge students and focus on their presentation skills.</li> <li>• Curriculum Enrichment week</li> <li>• Social cohesion/London trip</li> <li>• Introduction to UCAS             <ol style="list-style-type: none"> <li>1. Student finance</li> <li>2. Personal statements</li> <li>3. UCAS platform</li> </ol> </li> </ul> |